## **Gippsland PHN Health Needs**

Our Vision: a measurably healthier Gippsland

## **East Gippsland Shire 2025** Snapshot







Age 0-11 11.7% Gippsland 13.3% Victoria 14.4%



Age 12-25 12.5% Gippsland 14.5% Victoria 16.9%



Age 26-64 44.9% Gippsland 47.4% Victoria 51.9%



Age 65+ 30.9% Gippsland 24.8% Victoria 16.8%



Total Population (2023)

**49,179** Growth rate 2022-23: 0.5% Gippsland population 307,653 **7** Too often we need to travel long distance for quality care.

- Community Member



23 Gippsland 23 Victoria 24

Median age



Median age Non-Indigenous Gippsland 46 Victoria 38

GELANTIPY Aboriginal and Torres Strait Islander SWIFTS CREEK ENSAY BUCHAN ORBOST BAIRNSDALE

LAKES ENTRANCE

CANN RIVER

MALLACOOTA





Aboriginal and/or Torres Strait Islander Gippsland 2 Victoria 1



Experience very high disadvantage Gippsland 15 Australia 10



Born in non-English speaking country Gippsland 6 Victoria 24



Used homelessness services Gippsland 3 Victoria 1



Need help with daily activities Gippsland 7 Victoria 5



Current smoker (adults) Gippsland 19 Victoria 16



Provided unpaid assistance to a person with a disability (15 years or older) Gippsland 14 Victoria 13



Consume alcohol at levels likely to increase risk of lifetime harm (adults) Gippsland 65 Victoria 60



Did volunteer work (adults) Gippsland 17 Victoria 13

The combined impact of Bushfire and COVID-19 continue to impact community members with complex trauma related mental health requirements.

- East Gippsland Recovery Reset

- Community Member

**? ?** Regular doctor to have available appointments.

- Community Member





## Prevention



#### **IMMUNISATION** RATE

1 year old children 93.0%

Gippsland Victoria 92.3% 93.4%

5 year old children 96.4%

Gippsland Victoria 94.8%



Breast (50-74 year olds) Bowel (50-74 year olds)

52.5%

Gippsland Victoria 45.9%

50.6% Gippsland Victoria 43.9%

Cervical (25-74 year olds)

60.8%

Gippsland Victoria



Per 100,000 people

3,914

77

Victoria 1,865

Note that both immunisation rates and cancer screening rates dropped during the COVID-19 pandemic and they are not yet back to pre-pandemic levels.

# ♣ Health Issues

	Gippsland	Gippsland	Victoria
Dementia as per cent of all deaths	7.5%	6.4%	9.1% (Australia)
Avoidable deaths due to heart related issues (per 100,000)	36.8	40.6	33.3
Avoidable deaths due to cancer (per 100,000)	33.8	33.7	27.5
Avoidable deaths due to chronic obstructive pulmonary disease (per 100,000)	13.0	13.8	8.5
Avoidable deaths due to diabetes (per 100,000)	4.9	5.9	5.5
Alcohol intoxication ambulance attendances (per 100,000)	628	-	394
Diagnosed mental health condition (self-reported)	10.5%	11.0%	8.8%
Mental health-related prescriptions (per cent of people with PBS subsidised or co-payment)	22.2%	22.2%	16.8%

## Health Services and Workforce



153

Lower urgency Emergency Department presentations per 1,000 people Gippsland 163 Australia 124



113

General practitioners (Full time equivalents per 100,000 people) Gippsland 118 Victoria 111



1,240

Nurses and midwives (Full time equivalents per 100,000 people) Gippsland 1,293 Victoria 1,352



**Psychologists** (Full time equivalents per 100,000 people) Gippsland 44 Victoria 117



Mental health attendance to GP Gippsland 8.7% Victoria 7.9%



1.1%

Clinical psychologist attendance Gippsland 1.4% Victoria 2.0%