



EXPLANATORY STATEMENT – Conversation or group discussion

Project ID: 38021 Project title: Tell Gippsland PHN - Community engagement to assess need among people not accessing health care

Investigator Details

Professor Darryl Maybery (Chief Investigator) Ms Liz Craig Dr Maria Garrett (contact for further information)

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You are invited to take part in this study. Please read this Explanatory Statement before making a decision to participate. If you would like more information about the study, please contact Maria Garrett via email <u>maria.garrett@gphn.org.au</u> or phone 0447 206 817.

What is Gippsland PHN?

Gippsland Primary Health Network (PHN) is an independent not for profit organisation working to improve health and wellbeing of people across Gippsland. We use data and information from Gippsland people to learn what is most needed to do that.

Why are Gippsland PHN and Monash University doing this?

This study will help Gippsland PHN and Monash University develop new knowledge and understanding to improve the health and wellbeing of people in the region.

The information you share can help Gippsland PHN make it easier for people in this region to get the health care and other support they need. It helps us make better decisions about how we spend money so its most useful and enables us to work with other organisations.

Who can help?

We would like to talk to you if you:

- 1. live, work or study in Gippsland; and
- 2. do not access health care even if you have a health issue.

How you can contribute

You can talk to us about your experiences. We will want to know things like:

- What are the reasons you don't seek health care?
- What has contributed most to you not seeking health care (from a doctor, nurse or other healthcare professional)?
- Is there anything that has worked well to support your health? This can be basic things like help with housing or food.
- What would improve health and wellbeing for you? What would be most important?





An Australian Government Initiative

You can choose a conversation that will take approximately 30 minutes or a group discussion that will take 60-90 minutes (if available near you).

The conversation or group discussion will take place in a private agreed location in your local community.

By participating, you can make the Gippsland PHN Health Needs Assessment more accurate. The purpose of the Health Needs Assessment is to describe what is needed to make people in Gippsland healthier. It influences what we do at Gippsland PHN and informs the services we fund. It is also used by other organisations.

Participants will be offered a choice of a \$50 supermarket voucher or a donation to a local charity, as acknowledgment and appreciation of involvement.

Consenting to participate in the study and withdrawing from the study

Participating in the study is entirely voluntary.

Before sharing information with us, you should understand the information in this document. If you participate in a conversation or group discussion you will be asked to provide consent, either by telling us you understand the project or by signing a form shown at the end of this document.

If participating in a group discussion, other participants will be present and complete confidentiality cannot be guaranteed. All participants will be asked to not share any of the information they hear while participating.

You can decide not to participate at any time and we will then remove any information you may have already shared with us. It will not be possible to withdraw consent once all identifying information has been removed.

Possible benefits and risks

This study could help the primary health sector to better meet the community's health needs.

Confidentiality

You will be asked to consent to having the conversation or group discussion audio recorded. Following the conversation, the audio recording will be transcribed (without including information that identifies you). This transcript will be used by the researchers to understand the common information and themes. At no time will you or information that you provide be used to identify you outside the research team.

Storage of data

All data, transcripts, analysis and write-up will be kept on a password protected computer. The electronic data will be retained for five (5) years in secure storage. At this time, all results will be destroyed.

Results

Summary information (without identifying details) will be included in a report to be published on a Gippsland PHN website and may also be published by Gippsland PHN and Monash University in academic journals and at conferences.

Reporting may include developing stories based on several people's experiences to help describe the major issues regarding health care in the region and how services can work better.

What to do if you need to talk to someone

Support services are available 24 hours, 7 days and include online and phone support;

Lifeline (<u>https://www.lifeline.org.au/</u>)	13 11 14
Beyond Blue (<u>https://www.beyondblue.org.au/</u>)	1300 224 636
Kids Helpline (<u>https://kidshelpline.com.au/</u>)	1800 551 800





Complaints

If you have any concerns or complaints about this study, please contact the Executive Officer, Monash University Human Research Ethics Committee (MUHREC):

Executive Officer Monash University Human Research Ethics Committee (MUHREC) Room 111, Chancellery Building D, 26 Sports Walk, Clayton Campus Research Office Monash University VIC 3800 Phone: +61 3 9905 2052 Email: <u>muhrec@monash.edu</u>

Fax: +61 3 9905 3831

Thank you,

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Professor Darryl Maybery, PhD





CONSENT FORM

Participants will be provided a paper form or directed to the Tell Gippsland PHN website: <u>https://www.gphn.org.au/tell-gippsland-phn/</u>

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 38021

 Project title:
 Tell Gippsland PHN - Community engagement to assess need among people not accessing health care

 Chief Investigator:
 Professor Darryl Maybery Monash Rural Health

I have been invited to take part in the Gippsland PHN and Monash University study specified above. I have understood the information in this Explanatory Statement and I consent to participate in this study.

I understand that;

- the research may not be of any direct benefit to me;
- summary information gained during the study may be published, but my personal results will not be shared; and
- I am free to withdraw from the project at any time.

I consent to the following:	Yes	No
Taking part in a conversation or group discussion to share my experience		
I agree to the conversation / group discussion being audio recorded		

Please provide contact details so we can contact you:

Participant name:		
Email:		
Phone number:		
Participant signature:	Date:	

Please return the completed form:

Email:maria.garrett@gphn.org.auMail:Gippsland PHN, Attention: Maria Garrett, 11 Seymour Street, Traralgon, Victoria 3844

Please phone Maria on 0447 206 817 if you have questions