



## Connecting with trusted support services

## Community Action Plan Template

*Raising awareness of reputable support services for people experiencing suicidal thoughts; suicide bereavement or significant life challenges.*

Identified ACTION PLAN GOALS for Gippsland	OUR ACTIONS	OUR ACTIVITIES	Who's responsible	Started	In progress	Complete
1. Everyone in the community is aware of the range of reputable suicide and wellbeing supports available and can access inclusive care (and support) that meets their needs when they need it most.						



# Promoting help-seeking behaviour

## Community Action Plan Template

*Promoting help seeking behaviour especially in young people and men.*

Identified ACTION PLAN GOALS for Gippsland	OUR ACTIONS	OUR ACTIVITIES	Who's responsible	Started	In progress	Complete
2. Everyone understands and accepts the importance of seeking help when they need it and knows how to access the right support at the right time.						
3. Young people and men can identify when they need support and feel empowered to seek help.						

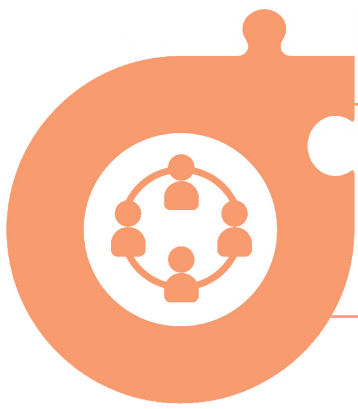


## Training community gate-keepers

## Community Action Plan Template

*Training community gatekeepers to identify, respond and support people who are having thoughts of suicide or are at risk due to significant life challenges.*

Identified ACTION PLAN GOALS for Gippsland	OUR ACTIONS	OUR ACTIVITIES	Who's responsible	Started	In progress	Complete
4. Everyone in the community is supported by others who are confident and competent to identify, support and respond to people having suicidal thoughts or are at risk whether at home, work or in the community.						
5. There is a sustainable, coordinated, community led approach to identifying, training and supporting community gatekeepers.						



# Communicating safely about suicide

## Community Action Plan Template

*Communicating safely about suicide and suicide deaths in the community and responding to unsafe conversations and media coverage.*

Identified ACTION PLAN GOALS for Gippsland	OUR ACTIONS	OUR ACTIVITIES	Who's responsible	Started	In progress	Complete
6. Our communities (including the local media) have the tools and knowledge to communicate safely about suicide in various contexts and respond to suicide when it happens in a safe and supportive way.						