

Latrobe  Regional Hospital



The 4-hour Mental Health First Aid Conversations about Gambling course teaches any adult (18 years and over) how to identify, approach and support someone experiencing gambling harm. Learn about the risk factors, signs, symptoms and motivations which may underpin gambling harm, how to approach someone about their gambling harm, how relapse might affect someone experiencing gambling harm, and how to manage your own self-care. Participants will also have the opportunity to practice these skills in a safe environment.

MHFA for Gambling Problems **Thursday 17th February 2022** **Time:** 0900 – 1300

Venue: Latrobe Community Mental Health Services – 20 Washington Street, Traralgon

Trybookings Link - <https://www.trybooking.com/BVUWY>

- *Cancellations with less than 7 days notice prior to commencement will incur full course cost, LRH staff will also be charged full course cost if cancellations are made during this time.*

Note: The information provided in MHFA courses is for general mental health first aid only and is not intended to be and should not be relied upon as a substitute for specific professional medical advice.