

Gippsland PHN – Primary Mental Health Service Provider Directory

Provider	Local Government Area	Population	How to access	Provider website	Type
Neerim District Secondary School	Baw Baw	Neerim District Secondary School Students	Self referral, School wellbeing team,	http://www.nsmc.net.au/	PHN Commissioned
Barkley Street Medical -Drouin Secondary College	Baw Baw	High School Students	School Wellbeing team, school teachers, self referral	https://www.westgippslandmedicalclinic.com.au/	PHN Commissioned
Central Clinic	Baw Baw	Drouin Secondary School Students	Self referral, School wellbeing team,	https://centralclinic.com.au/	PHN Commissioned
Latrobe Community Health Service	Baw Baw	Warragul Regional College Secondary Students	Self referral, School wellbeing team,	https://www.lchs.com.au/	PHN Commissioned
Latrobe Community Health Service Warragul Regional College	Baw Baw	High School Students	School Wellbeing team, school teachers, self referral	https://www.lchs.com.au/	PHN Commissioned
Migdala House (Erin Dolan & Associates)	Baw Baw	All	(03) 5622 0716	https://www.healthdirect.gov.au/australian-health-services/23024853/erin-dolan-and-associates/services/warragul-3820-albert	PHN Commissioned
Neerim South Medical Centre-Neerim Secondary College	Baw Baw	High School Students	School Wellbeing team, school teachers, self referral	http://www.nsmc.net.au/	PHN Commissioned
Bairnsdale Regional Health Service	East Gippsland	All	(03) 5150 3333	https://brhs.com.au/	State Funded
Gippsland Lakes Complete Health	East Gippsland	All	(03) 5155 8300	https://glch.org.au/	State Funded
Gippsland Lakes Complete Health	East Gippsland	children	(03) 5155 8300	http://glch.org.au/	PHN Commissioned
Gippsland Lakes Complete Health-Bairnsdale Secondary College	East Gippsland	High School Students	School Wellbeing team, school teachers, self referral	https://glch.org.au/	PHN Commissioned
Gippsland Lakes Complete Health-Swifts Creek P-12	East Gippsland	High School Students	School Wellbeing team, school teachers, self referral	https://glch.org.au/	PHN Commissioned
Lake Tyers Health and Children's Services	East Gippsland	Aboriginal community	03 5155 8500	http://www.djillayngalu.org.au/lthcs.html	State Funded
Lakes Entrance Aboriginal Health Association	East Gippsland	Aboriginal community	03 5155 8465	https://glch.org.au/aboriginal-services/lakes-entrance-aboriginal-health-association/	State Funded
Mallacoota District Health and Support Service	East Gippsland	All	(03) 5158 0243	https://www.mallacoota.org.au/	State Funded

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Moogji Aboriginal Council East Gippsland Inc.	East Gippsland	Aboriginal community	03 5154 2133	https://www.vaccho.org.au/om/our-membership/members/macge/	State Funded
Omeo District Health	East Gippsland	All	(03) 5159 0100	https://odh.net.au/	State Funded
Orbost Regional Health	East Gippsland	All	(03) 5154 6666	https://www.orbostregionalhealth.com.au/home	PHN Commissioned
Orbost Regional Health	East Gippsland	All	03 5154 6666	https://www.orbostregionalhealth.com.au/home	State Funded
Relationships Australia Victoria	East Gippsland	Young people (headspace)	(03) 5141 6200	https://headspace.org.au/headspace-centres/bairnsdale/	PHN Commissioned
Gippsland and East Gippsland Aboriginal Co-operative (GEGAC)	East Gippsland	Adults	Ph: 03 5150 0700		PHN Commissioned
Moogji Aboriginal Council East Gippsland Inc.	East Gippsland	Adults	Ph: 03 5154 2133		PHN Commissioned
Relationships Australia (Victoria) (RAV)	East Gippsland	Bushfire counselling	Ph: 1800 001 068 E: bushfiresupport@rav.org.au		PHN Commissioned
Royal Flying Doctors Service (RFDS)	East Gippsland	Bushfire counselling	Ph: 1800 001 068 E: bushfiresupport@rav.org.au		PHN Commissioned
Victorian Counselling and Psychological Services	East Gippsland	All	(03) 9419 7172	https://www.vcps.com.au/	PHN Commissioned
Royal Flying Doctor Service	East Gippsland / Wellington	All	Referral via GP or by contacting directly via 03 8412 0480, or via email wellbeing@rfdsvic.com.au	https://flyingdoctor.org.au https://www.flyingdoctor.org.au/vic/our-services/wellbeing/	PHN Commissioned
Gippsland East Gippsland Aboriginal Cooperative (GEGAC)	East Gippsland, Wellington	Aboriginal community	03 5150 0700	https://www.gegac.org.au/	State Funded
Bush Nursing Centres Buchan Cann Valley Dargo Ensay Gelantipy Swifts Creeks	East Gippsland, Wellington	All	(03) 5155 9222 (03) 5158 6210 (03) 5140 1246 (03) 5157 3215 (03) 5155 0274 (03) 5159 4210		State Funded
within Australia (mental health community support service)	East Gippsland, Wellington, Bass	Adults	1300 737 412	http://www.withinaustralia.org.au/	State Funded

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	Coast/South Gippsland				
Enhancing Mental Health in Secondary (RAV/headspace Bairnsdale)	East Gippsland/Wellington	Young people	(03) 5141 6200	https://headspace.org.au/headspace-centres/bairnsdale/	PHN Commissioned
Latrobe Community Health Service	Latrobe	Kurnai College students	Self referral, School wellbeing team,	https://www.lchs.com.au/	PHN Commissioned
Latrobe Community Health Service	Latrobe	Young people (headspace)	1800 242 696	https://headspace.org.au/headspace-centres/morwell/	PHN Commissioned
Latrobe Community Health Service-Kurnai College	Latrobe	High School Students	School Wellbeing team, school teachers, self referral	https://www.lchs.com.au/	PHN Commissioned
Latrobe Community Health Service-Traralgon Secondary College	Latrobe	High School Students	School Wellbeing team, school teachers, self referral	https://www.lchs.com.au/	PHN Commissioned
MIND (mental health community support service)	Latrobe	Adults	1300 286 463	https://www.mindaustralia.org.au/	State Funded
Orange Door	Latrobe location	People experiencing family violence	1800 319 354	https://orangedoor.vic.gov.au/	State Funded
Latrobe Community Health Services	Latrobe, Bass Coast, Baw Baw, South Gippsland	All	1800 242 696	https://www.lchs.com.au/	State Funded
CatholicCare Gippsland	Latrobe, Baw Baw	Families and individuals	1800 522 076	http://www.ccam.org.au/	State Funded
Primary Care Partnerships . Central West Gippsland Primary Care Partnership . East Gippsland Primary Care Partnership . Wellington Primary Care Partnership . South Coast Primary Care Partnership	Latrobe, Baw Baw	All - education and prevention only	No service provision	https://www.centralwestgippslandpcp.com/ https://www.eastgippslandpcp.com.au/ http://www.wellingtonpcp.com.au/ https://www.southcoastpcp.org.au/	State Funded
Ramahyuck District Aboriginal Corporation	Latrobe, Wellington	Aboriginal community	03 5143 1644	https://www.ramahyuck.org/	State Funded

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Latrobe Community Health Service	Latrobe/Wellington	Traralgon Secondary College students	Self referral, School wellbeing team,	https://www.lchs.com.au/	PHN Commissioned
Anglicare	Regional	All	1800 809 722	https://www.anglicarevic.org.au/	State Funded
Australian Community Support Organisation (ACSO) - AOD intake	Regional	All - AOD and carers	1300 022 760	https://www.acso.org.au/aod-mh-support	State Funded
Berry Street	Regional	Children, young people, families	03 5134 5971	https://www.berrystreet.org.au/contact-us/gippsland-region	State Funded
Beyond Blue	Regional	All	1300 22 4636	https://www.beyondblue.org.au/	Phone and Digital Service
Black Dog Institute	Regional	All	via website only	https://www.blackdoginstitute.org.au/	Phone and Digital Service
BlueKnot	Regional	Childhood trauma	1300 657 380	https://www.blueknot.org.au/	Phone and Digital Service
Butterfly Foundation	Regional	All - eating disorders	1800 33 4673	https://butterfly.org.au/	Phone and Digital Service
Carers Vic	Regional	Carers 65+ (counselling). Information - all	1800 514 845	https://www.carersvictoria.org.au/resources/counselling	Phone and Digital Service
Department of Education and Training - SSS and School Nurse program	Regional	Young people within government schools	Via student's school	https://www2.education.vic.gov.au/pal/student-support-services/policy	State Funded
Developing Minds - Calm Kid Central	Regional	children	https://www.calmkidcentral.com/	https://www.calmkidcentral.com/	PHN Commissioned
DirectLine	Regional	All - drug and alcohol support	1800 888 236	https://www.directline.org.au/	Phone and Digital Service
eheadspace	Regional	Young people	1800 650 890	https://headspace.org.au/eheadspace/	Phone and Digital Service
Everymind	Regional	All - prevention, information and media support	Media enquiries - 02 4924 6744	https://everymind.org.au/	Phone and Digital Service
Forensicare	Regional	Young people and adults	check website for required service	https://www.forensicare.vic.gov.au/	State Funded
Gippsland Centre Against Sexual Assault	Regional	All	03 5134 3922	https://www.gcasa.org.au/	State Funded

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Gippsland Centre Against Sexual Assault (A/H crisis line)	Regional	All - sexual assault	1800 806 292	https://www.gcasa.org.au/	Phone and Digital Service
Gippsland Women's Health Service	Regional	All	(03) 5143 1600	https://www.gwhealth.asn.au/	State Funded
Head to Health	Regional	All	via website only	https://headtohealth.gov.au/	Phone and Digital Service
headspace centres <ul style="list-style-type: none"> . Morwell . Wonthaggi . Sale . Bairnsdale 	Regional	Young people (12-25 years)	(03) 5136 8300 (03) 5671 5900 0458 558 225 (03) 5141 6200	https://headspace.org.au/	State Funded
Jesuit Social Services	Regional	All	(03) 9421 7640 aftersuicide@jss.org.au	https://jss.org.au/what-we-do/mental-health-and-wellbeing/support-after-suicide/	PHN Commissioned
Kids Helpline	Regional	Children and young people	1800 55 1800	https://kidshelpline.com.au/	Phone and Digital Service
Latrobe Regional Hospital <ul style="list-style-type: none"> . Mental Health Triage . Community Mental Health Services . Inpatient Services . Child and Youth Mental Health Services . Mental Health and Police Response . Mental Health Promotion 	Regional	All	1300 363 322	https://www.lrh.com.au/	State Funded
Lifeline	Regional	All	13 11 14	https://www.llg.org.au/	Phone and Digital Service
MensLine	Regional	Men	1300 78 99 78	https://mensline.org.au/	Phone and Digital Service
mindspot	Regional	All	1800 61 44 34	https://mindspot.org.au/	Phone and Digital Service
Neighbourhood Houses <ul style="list-style-type: none"> . East Gippsland Network of Neighbourhood Houses . Neighbourhood Houses Gippsland 	Regional	All	0499 970 099 1300 858 173	https://www.egnh.net.au/	State Funded

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NewAccess (Wellways)	Regional	All	Ph: 03 5622 4140	https://www.wellways.org/our-services/newaccess or https://www.beyondblue.org.au/get-support/newaccess	PHN Commissioned
Open Arms	Regional	Veterans	1800 011 046	https://www.openarms.gov.au/get-support/counselling	Phone and Digital Service
PANDA	Regional	Parents - perinatal anxiety and depression	1300 726 306	https://www.panda.org.au/	Phone and Digital Service
Parents Beyond Breakup	Regional	Parents experiencing family breakdown and separation	1300 853 437	https://www.parentsbeyondbreakup.com /	Phone and Digital Service
Private service providers (e.g., Yellow Pages, APS Find a psychologist service, National Health Services Directory)	Regional	All	https://about.healthdirect.gov.au/nhsd https://www.psychology.org.au/Find-a-Psychologist https://www.aasw.asn.au/find-a-social-worker/search/		State Funded
Qlife	Regional	LGBTIQ+	1800 184 527	https://qlife.org.au/	Phone and Digital Service
Quantum Support Services	Regional	Young people, families	1800 243 455	https://quantum.org.au/	State Funded
Queen Elizabeth Centre	Regional	Families with children 4 and under	03 9549 2777	https://www.qec.org.au/	State Funded
Reach Out	Regional	Young people, parents	via website only	https://au.reachout.com/	Phone and Digital Service
Relationships Australia	Regional	All	1300 369 630	https://www.relationshipsvictoria.com.au/view-location/location/8	State Funded
Safe Steps	Regional	Family violence	1800 015 188	https://www.safesteps.org.au/	Phone and Digital Service
SANE	Regional	All	1800 18 7263	https://www.sane.org/	Phone and Digital Service
Suicide Call Back Service	Regional	All	1300 659 467	https://www.suicidecallbackservice.org.au /	Phone and Digital Service

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Suicide Line Victoria	Regional	All	1300 651 251	https://www.suiceline.org.au/	Phone and Digital Service
Uniting Gippsland	Regional	All	check website for required service	https://www.unitingvictas.org.au/locations/gippsland/	State Funded
Victorian Counselling & Psychological Services	Regional	All	03 9419 7172	https://www.vcps.com.au/services	Phone and Digital Service
Wellways (mental health community support service)	Regional	Adults	1300 111 500	https://www.wellways.org/	State Funded
Wellways Helpline	Regional	All - mental ill health peer support and information	1300 111 500	https://www.wellways.org/our-services/helpline	Phone and Digital Service
Windemere	Regional	All	1300 946 337	https://www.windemere.org.au/	State Funded
Yarning SafeNStrong helpline	Regional	Aboriginal community	1800 95 95 63		Phone and Digital Service
Butterfly Foundation	Regional	Young people	1800 33 4673	https://thebutterflyfoundation.org.au/	PHN Commissioned
The Way Back	Regional (all Gippsland)	All	TBC (Wellways)	TBC (Wellways)	PHN Commissioned
Doctors in Secondary Schools (DISS)	Regional (select schools only)	Young people within selected government schools	Via student's school	https://www.education.vic.gov.au/about/programs/Pages/doctors.aspx	State Funded
Foster Medical Centre	South Gippsland	Adults	(03) 5682 2088	https://fostermedical.com.au/	PHN Commissioned
South Gippsland Hospital	South Gippsland	All	(03) 5683 9777	https://southgippslandhospital.com.au/	PHN Commissioned
Southern Gippsland Health Service	South Gippsland	All	03 5667 5555	https://www.gshs.com.au/	State Funded
Uniting Gippsland	South Gippsland	All	(03) 5662 5150	https://www.vt.uniting.org/locations/gippsland/	PHN Commissioned
Central Gippsland Health Service	Wellington	All	(03) 5143 8600	http://www.cgshs.com.au/	State Funded
Inglis Medical Centre	Wellington	Adults	(03) 5143 7900	http://www.inglismedical.com.au/contact/	PHN Commissioned
Maffra Medical Group-Maffra Secondary College	Wellington	High School Students	School Wellbeing team, school teachers, self referral	https://mafframedical.com/	PHN Commissioned
Sale Medical Centre-Sale Secondary College	Wellington	High School Students	School Wellbeing team, school teachers, self referral	https://www.salemedical.com.au/	PHN Commissioned
within Australia	Wellington	Adults	1300 737 412	http://www.withinaustralia.org.au/	PHN Commissioned
Yarram District Health Service	Wellington	All	(03) 5182 0222	http://www.ydhs.com.au/	PHN Commissioned

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Yarram District Health Service	Wellington	All	03 5182 0222	http://www.ydhs.com.au/	State Funded
Relationships Australia Victoria	Wellington (Sale Satellite site)	Young people (headspace)	0458 558 225	https://headspace.org.au/headspace-centres/sale/	PHN Commissioned
Ramahyuck District	Wellington/Latrobe/Baw Baw	Adults	Ph: 03 5143 1644		PHN Commissioned