



Interpreting Research for Busy Health Professionals

Saturday 25 July 2026

Enhance Your Confidence at Evaluating Research Findings

About the Workshop

This one-day online workshop will provide guidance on what to look for, including strengths and limitations in qualitative studies, cohort studies, case-control studies, randomised controlled trials and systematic reviews.

With the huge volume of papers published on various topics and the trend of patients turning to “Doctor Google” and social media, many health professionals would like to feel more confident that they can access the best information for their clinical needs.

Who Should Participate?

The example studies for discussion will primarily focus on maternity and newborn care, as well as women's health.

The course is likely to be of particular interest to Obstetricians, Obstetric Physicians, GPs, Midwives, Paediatricians, Neonatal Nurses, Maternal and Child Health Nurses, Allied Health Professionals and Researchers. However, the content will also be relevant and beneficial to participants from a broad range of healthcare backgrounds.

Program Outline

- Types of study design and levels of evidence
- Fundamentals of observational (cohort studies and case-control) studies
- Fundamentals of qualitative studies
- Fundamentals of randomised controlled trials
- Systematic reviews and meta-analyses
- When the findings are unclear or mixed

Facilitators

A/Prof Mary-Ann Davey | RN, RM, DipAppSc(MCHN), BEd, GradDipSoc, DrPH, MEpi

A/Prof Miranda Davies-Tuck | BBioMedSc(Hons), PhD
Dr Billie Bradford | RM, MMid(Hons), PhD

Date/Time (AEST)

Saturday 25 July 2026

8:30AM - 3:20PM (AEST)

Delivery Method

Live online via Zoom. Requires *participation in real time* (cannot be completed later).

CPD

Please refer to our [website](#).

Registration

Early Bird Fee: \$275 (GST Incl.) ends 12 July 2026

Standard Fee: \$330 (GST Incl.) ends 23 July 2026

Discounted registration may be available for:

- Monash University staff and students
- **Monash Partner Organisations** (including shared maternity care affiliates)
- Participants from **low-resource countries**

Visit the [website](#) for discounted fees.

Click [HERE](#) to register

Contact Us

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W: View our women's health CPD activities [here](#)



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Saturday 25 July 2026

TIME (AEST)	TOPICS	SPEAKERS
08:30 – 08:50	Optional session - Technical assistance with Zoom and/or Moodle (if required)	
08:50 – 09:00	Welcome	A/Prof Megan Wallace
SESSION ONE		
09:00 – 09:05	Levels of evidence	A/Prof Mary-Ann Davey
09:05 – 09:50	Observational study designs	A/Prof Mary-Ann Davey and A/Prof Miranda Davies-Tuck
09:50 – 10:10	Interpreting observational findings	A/Prof Mary-Ann Davey and A/Prof Miranda Davies-Tuck
10:10 – 10:45	Qualitative studies	Dr Billie Bradford
10:45 – 11:00	MORNING TEA	
SESSION TWO		
11:00 – 11:40	Breakout session to critique a cohort study	Breakout rooms for small group discussions
11:40 – 12:00	Highlights, feedback and questions	A/Prof Mary-Ann Davey
12:00 – 12:20	Randomised controlled trials	A/Prof Mary-Ann Davey
12:20 – 13:00	LUNCH BREAK	
SESSION THREE		
13:00 – 13:40	Breakout session to critique a randomised controlled trial paper	Breakout rooms for small group discussions
13:40 – 14:00	Highlights, feedback and questions	A/Prof Mary-Ann Davey
14:00 – 14:30	Systematic reviews and meta-analysis	Dr Billie Bradford
14:30 – 15:00	When the finds are unclear/mixed	A/Prof Miranda Davies-Tuck
15:00 – 15:20	Closing remarks and evaluation	A/Prof Mary-Ann Davey