

# Lifeguard Remote Monitoring Platform

## Patient Self Registration Quick Guide

**Step 1** Click on the link in the email sent to you by your healthcare provider.

**Lifeguard**  
HEALTH NETWORKS

### Welcome to LifeguardMOBILE

*Healthcare's leading telehealth solution for connected care!*

You have been invited to join Lifeguard as a user (member) or as a proxy in support of a loved one to enable the next generation of remote monitoring!

Please click on the following "program link" to enroll and get connected...! **Test" Connected Care Program**

The following **confirmation code 441371** will be necessary for program enrollment in Lifeguard.

This code can only be used once and will remain active for 72 hours.

If you are participating in the program as a PROXY, please complete the member enrollment section for your loved one (ie. the member), and then complete the "proxy" section for yourself. The Lifeguard account will be associated with your email address and your loved one (the managed member) will display as a "Dependent" account in your Circle of Care.

Below are some "tips" on how to speed enrollment:

**Getting Started**

- Enter:
  - Patient First Name
  - Patient Last Name
  - Patient Gender
  - Patient Date of Birth

**Step 2** Enter your first name, last name, gender, date of birth and confirmation code (this can be found in the email you received from your health care provider).

**Lifeguard**  
HEALTH NETWORKS

Simplify Symptoms Management

## ENROLL TODAY!

Test Connected Care Program

## ENROLL TODAY!

Test Connected Care Program

Patient "First Name"

Patient "Last Name"

Patient Gender

== Gender ==

Patient Date of Birth

MM DD YYYY

**Step 3** Set your password and click on the "Register" button. This will take you to the page where you can download the app.

hedgehog2+104@gmail.com

Create password (8 characters, 1 Upper case alpha, 1 lower case alpha, and 1 digit)

Password

Confirm Password

**Register**

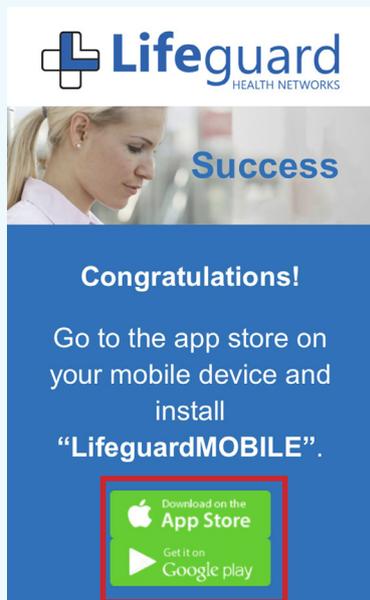
### HOW IT WORKS

1. SIGN UP & LOG IN

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**Step 4** Select the app store for your phone.



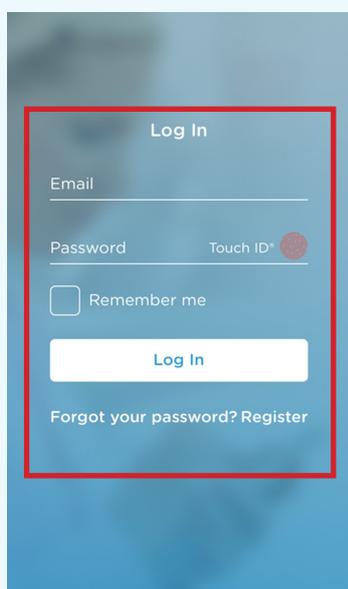
**Step 5** Click to install.



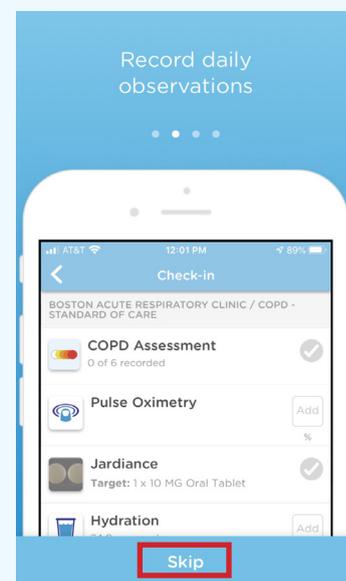
**Step 6** When installed, open the app and click on the "Login" button.



**Step 7** Enter your email address, password and click on the "Remember me" box.



**Step 8** This will take you to the introductory screens. Scroll through the screens by swiping the screen or click on "Skip"



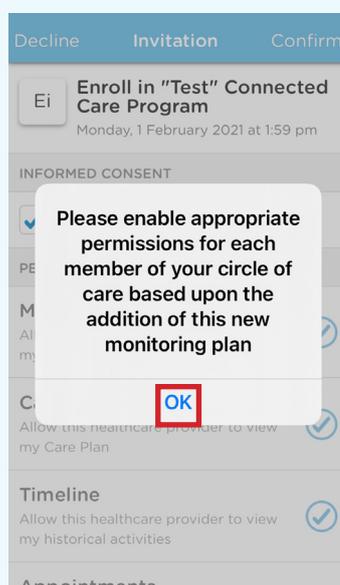
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**Step 9** - Click on “I agree to Lifeguard Health Networks” box. This will take you to the informed consent information. Click “Accept” in the top right hand corner. Then click the “Confirm” button.



**Step 10** - Click “OK” to set which family or friends can see your information.



**Step 11** - Finally you can update your details, including uploading a photo of yourself, should you choose.

