

## MEDIA RELEASE

### Funding for Gippsland mental health services

26 July 2022

Gippsland Primary Health Network has funded 11 organisations to deliver Primary Mental Health Care and Psychosocial Support services across Gippsland.

The new contracts are the first to be rolled out as part of Gippsland PHN's new outcomes-focused commissioning approach.

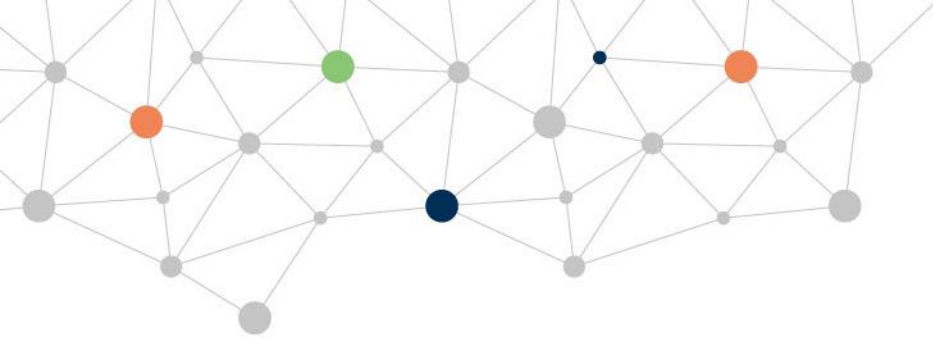
Gippsland PHN's aim is for the process to be informed by best practice and through consultation with people who have lived experience. Importantly, the change was informed by the Royal Commission into Victoria's Mental Health System.

Extensive consultation was also undertaken with service providers, clinicians and community.

Gippsland PHN has commissioned the following service providers:

- Calm Kid Central
- Relationships Australia Victoria
- South Gippsland Hospital
- Royal Flying Doctor Service of Australia
- Gippsland Lakes Complete Health
- Erin Dolan & Associates
- South Gippsland Hospital
- Uniting Care Gippsland
- Olivia's Place
- Foster Medical Centre
- Outcome Health

Gippsland PHN also funds the Head to Health service, suicide prevention services, the mental health in aged care program and Child and Youth services which aim to help young people 12-25 years old to access mental health support through headspace centres across Gippsland.



Gippsland PHN Chief Executive Officer, Amanda Proposch, said programs would be delivered in a way that meets their needs to improve the overall health and wellbeing of people living in Gippsland.

“We recognise the seriousness of mental health in our community and we are committed to ensuring people can access the most appropriate services for their mental health needs at any given time— including the ability to step up and step down to different levels of care as they move along their recovery journey,” Ms Proposch said.

For more information about mental health and suicide prevention services, go to the Gippsland PHN website at [What We Do / Mental Health](#)

ENDS

*If you or someone you know needs help contact:*

- **Lifeline – 13 11 14**
- **beyondblue Support Service – 1300 224 365**
- **Suicide Call Back Service – 1300 659 467**
- **MensLine – 1300 789 987**
- **Kids Helpline – 1800 551 800**
- **Qlife – 1800 184 527**

*To access professional mental health support in Gippsland, speak to your local doctor.*

*You can also call HeadtoHelp on 1800 595 212 or visit visit [www.headtohelp.org.au](http://www.headtohelp.org.au)*

- For more information, please contact Lynne Smith at [lynne.smith@gphn.org.au](mailto:lynne.smith@gphn.org.au) or phone 0437 918 234.