



Remote Patient Monitoring connects its 100th patient

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Gippsland Primary Health Network (Gippsland PHN) has been working with general practices across Gippsland to establish a Remote Patient Monitoring program that has now connected its 100th patient.

General practices are remotely monitoring patients in their home using Lifeguard. Lifeguard's LifeguardMobile™ platform is a digital health solution featuring a web portal and mobile app for health providers, and a mobile app for patients. It allows GPs to maintain continuity of care for people isolated in their homes and provides real-time data from patients about their health.

"Remote Patient Monitoring is used to support patients with chronic health conditions in between visits to their GP to provide additional clinical information that can be used to identify early deterioration," explained Gippsland PHN Acting Chief Executive Officer, Angela Jacob.

Patients check in via a mobile app that registers their symptoms and vital signs. General practices then receive this real-time data that helps build a picture of the patient's health over time, which general practitioners can use as part of their consultations to build a fuller picture of a patient's condition and aid clinical decision making.

"Patients and GPs are seeing the benefits of remote patient monitoring with 100 patients now staying connected to their general practice remotely using Lifeguard," Mrs Jacob said.

"Gippsland PHN, Gippsland General Practices and Lifeguard Health Networks are working closely together to establish this care model and we are proud to have reached this milestone that shows growing interest in the program and the innovation of Gippsland general practitioners in supporting patient care."

For more information about Remote Patient Monitoring, visit <https://gphn.org.au/what-we-do/programs/lifeguard-remote-patient-monitoring/> or email digital.health@gphn.org.au

Photo caption: Angela Aitken and Haseeb Ahsan from Gippsland PHN's Digital Health and Integration team.

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