

Helping patients with opioid dependence thrive

a toolkit for GPs



Join us

Date: Thursday, 18 June
Time: 7.00PM
Format: Webinar
RSVP Deadline: Friday, 12 June

Learning Objectives

- Implement a model of shared decision making for treatment initiation
- Identify opportunities for addressing psychosocial factors to improve treatment engagement
- Identify considerations for treatment cessation

About the program

Medication-assisted treatment for opioid dependence has been found to improve retention in treatment and reduce illicit opioid use, but it is common for patients to relapse multiple times before achieving sustained recovery.¹ Helping patients to thrive and achieve a better quality of life can help establish the recovery capital needed to prevent relapse and contribute to lower rates of overdose and improve overall health.^{1,2} This interactive program presents considerations and tools to help GPs support recovery at key stages of treatment.



References: 1. (DOHAC) Department of Health and Aged Care (2014) National guidelines for medication-assisted treatment of opioid dependence, Australian Government. <https://www.health.gov.au/resources/publications/national-guidelines-for-medication-assisted-treatment-of-opioid-dependence>. 2. Parlier-Ahmad AB, Terplan M, Sviki DS, et al. Recovery capital among people receiving treatment for opioid use disorder with buprenorphine. Harm Reduct J, 2021; 18:103. <https://doi.org/10.1186/s12954-021-00553-w>

Presenter



Dr Eric Hadinata

Dr Eric Hadinata (MBBS BMedSci FRACGP FACHAM) is an Addiction Medicine Specialist practising at The Victoria Clinic in Prahran, Melbourne. His clinical work spans medically supervised withdrawal, rehabilitation, medication-assisted treatment, dual-diagnosis care, and occupational and driving substance use assessments.

Dr Hadinata's path to addiction medicine began in General Practice in Geelong, where a growing interest in supporting patients with substance use disorders led him to pursue specialist training. He completed his Advanced Training in Addiction Medicine at Western Health, one of Victoria's major public addiction medicine services, gaining broad experience across inpatient, outpatient, and community settings.

Dr Hadinata is the Immediate Past Chair of the RACGP Victoria Alcohol and Other Drugs Committee and a current member of the RACGP Victoria Council. He holds accreditation as a clinical supervisor with the Royal Australasian College of Physicians and is an accredited Medication Assisted Treatment for Opioid Dependence trainer with the RACGP, delivering training to General Practitioners across Victoria. He also conducts regional outreach through the Opioid Management Clinic with the Ballarat Orticare Pharmacotherapy Network.

In 2025, Dr Hadinata was awarded the AChAM Nghi Phung Research Project Prize by the Royal Australasian College of Physicians for his research on the impact of telehealth modalities on attendance rates in addiction clinics.

Agenda

- 7.00 PM** Welcome
- 7.05 PM** Treatment initiation: aligning treatment with patient goals
- Establishing treatment goals
 - Aligning treatment with individual patient factors
- 7.30 PM** Treatment maintenance: supporting recovery
- Keeping patients engaged in treatment: building recovery capital and considerations for:
- Polysubstance use and co-occurring mental health conditions
 - Social factors
 - Older patients
- 8.00 PM** Treatment cessation
- What is the appropriate duration of opioid agonist treatment?
 - Drivers for discontinuation
 - Factors associated with better outcomes
- 8.30 PM** Meeting close

To register



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