

# Safety and Suicide Intervention Training (SSIT) for Mental Health Clinicians

*An invitation is extended to psychologists, private counsellors and primary mental health staff to attend this education event.*

## WEDNESDAY

17 November 2021

INVERLOCH

9.15am to 3.30pm

### AGENDA:

- 09:15 Registration
- 09:30 Welcome
- 10:00 Aims and data
- 10:45 Morning tea
- 11:00 Screening and assessment (CASE approach)
- 12:30 Lunch
- 1:15 Risk formulation (Safeside framework)
- 2:00 Safety planning and lethal means interventions
- 2:30 Structured interventions
- 3:00 Summary
- 3:30 Finish

**Dates to be announced in 2022 for:**

- SALE
- WARRAGUL
- LAKES ENTRANCE

## BOOKING DEADLINE

1 week before event date

[CLICK HERE TO REGISTER](#)



## WORKSHOP OUTLINE

Safety and Suicide Intervention Training (SSIT) is an education package designed to support clinicians who work with consumers experiencing acute suicidal crisis. It combines evidence-based approaches to screening and assessment, formulation, safety planning, lethal means restriction and consumer and carer education. This workshop is aimed at those who work alongside consumers and carers and whom provide professional support, counselling and therapy in primary care settings.

## LEARNING OUTCOMES

1. Participant will be able to utilise evidence-based assessment, formulation and safety planning approaches;
2. Participants report increased understanding of managing suicidal crisis;
3. Participants identify strategies for self-care when managing persons in suicidal crisis.

## FACILITATOR

**Owen Connelly**

*Mental Health Nurse Practitioner-  
Suicide Prevention Clinical Lead  
LRH*

Owen is an endorsed mental health Nurse Practitioner who has over 30 years' experience in suicide prevention, mental health and drug and alcohol treatment across Australia and New Zealand. His roles have included clinical care, development and delivery of education, clinical supervision, capacity building, system development and leadership.

He has advanced skills in suicide assessment, formulation and safety planning and uses a biopsychosocial approach to provide care.

He has worked with government on service design and development, and has expertise in developing effective care models within funding frameworks. Owen has expertise in psychosocial bushfire recovery with survivors and in developing pathways to care in rural and remote settings. He has contributed to Health pathways and a range of regional primary care projects.

He has supported the introduction of the Hospital Outreach Post-Suicidal Engagement (HOPE) and the Way Back Support Service (TWBSS) in his work in the Gippsland area.

Delivered in partnership with Latrobe Regional Hospital under the Gippsland PHN Place-based Suicide Prevention Project

See [Gippsland PHN Website Events page](#) for information on all events