

Safety and Suicide Intervention Training (SSIT) for Mental Health Clinicians

Gippsland Primary Health Network invites psychologists, commissioned services and primary mental health staff to attend this education activity.

Location: Face to face

Bairnsdale

The Combined Centre

Tuesday, 21 May 2024

9.30am-3.30pm

[Register here](#)

Traralgon

Gippsland PHN Office

Tuesday, 15 October 2024

9.30am-3.30pm

[Register here](#)

Wonthaggi

Location TBC

Tuesday, 18 February 2025

9.30am-3.30pm

[Register here](#)

Safety and Suicide Intervention Training (SSIT) is an education package designed to support clinicians who work with consumers experiencing acute suicidal crisis. It combines evidence based approaches to screening and assessment, formulation, safety planning, lethal means restriction and consumer and carer education. This workshop is aimed at those who work alongside consumers and carers, providing professional support, counselling and therapy in primary care settings

Presenter: Owen Connolly

Suicide Prevention Clinical Lead Latrobe Regional Health

Owen is an endorsed mental health Nurse Practitioner who has over 30 years' experience in suicide prevention, mental health and drug and alcohol treatment across Australia and New Zealand. His roles have included clinical care, development and delivery of education, clinical supervision, capacity building, system development and leadership.

He has advanced skills in suicide assessment, formulation and safety planning and uses a biopsychosocial approach to provide care.

Owen has worked with government on service design and development, and has expertise in developing effective care models within funding frameworks. He also has expertise in psychosocial bushfire recovery with survivors and in developing pathways to care in rural and remote settings. He has contributed to Health Oathways and a range of regional primary care projects

Owen has supported the introduction of the Hospital Outreach Post-Suicidal Engagement (HOPE) and the Way Back Support Service (TWBSS) in the Gippsland area.

In 2022, Owen completed a Graduate Certificate in Suicidology at Griffith University

Learning Outcomes

- Participants are able to describe evidence-based assessment, formulation and safety planning approaches
- Participants report increased understanding of managing suicidal crisis
- Participants identify strategies for self-care when managing persons in suicidal crisis

Would you like to provide feedback or suggestions on future education/training workshops?

Contact us via events@gphn.org.au