



Accredited Instructor



The 4-hour Mental Health First Aid Conversations about Suicide course teaches any adult (18 years and over) how to identify, approach and support someone who is experiencing suicidal thoughts and behaviours.

Learn how to identify the warning signs for suicide, how to safely have a conversation with someone experiencing suicidal thoughts and behaviours and confidently support the person in crisis. Participants will also have the opportunity to practice these skills in a safe environment.

MHFA for the Suicidal Person **Monday 16th May 2022** **Time:** 0900 – 1300

Venue: Latrobe Valley Community Mental Health Service - 20 Washington Street, Traralgon

Trybookings Link - <https://www.trybooking.com/BVUXG>

- *Cancellations with less than 7 days notice prior to commencement will incur full course cost, LRH staff will also be charged full course cost if cancellations are made during this time.*

Note: The information provided in MHFA courses is for general mental health first aid only and is not intended to be and should not be relied upon as a substitute for specific professional medical advice.