

# Victorian Mental Health Reform Gippsland Overview

6 levels of a responsive and integrated mental health system



An Australian Government Initiative

**Other Gippsland service and reform activity may include:**

- Family and carer-led centre
- Social Prescribing trial
- Mental health and Alcohol and Other Drugs integration trial
- 'Missing middle' demonstration site. For people too unwell for primary care, but not unwell enough for Level 5 services
- Suicide prevention training
- Crisis respite and drop-in centre
- Complex mental health intensive supports demonstration site
- HOPE follow-up care after suicide attempt (LRH + outreach: Bairnsdale, Sale, Warragul, Wonthaggi)

**New Gippsland Regional Mental Health and Wellbeing Board**  
(Interim board 2022, full board by 2026)

## 6 Statewide services

**New services**

Website, Lived Experience Residential Service, Child and Family Residential Centre, Trauma Service, MH/AOD Specialist Service, Aboriginal Social and Emotional Wellbeing Centre

**Existing services**

Forensicare

*Access only via Area Mental Health and Wellbeing Services*

## 5 Area Mental Health and Wellbeing Service

**Adult and Older Adult: 26+ years**

- Lived experience codesign / leadership is transforming existing services
- Integrated Mental Health/Alcohol and Other Drugs Care
- Enhanced capabilities (extra consumers, extra access hours)
- Non-government organisations partnership for wellbeing supports
- Adult Prevention and Recovery Care (PARC) Bairnsdale
- Emergency response led by Ambulance Victoria not Victoria Police, 24-hour clinical assistance available to AV and VicPol (2023)
- 6 bed Alcohol and Other Drugs service (18+ years)

**Youth: 12-25 years**

- Mobile Targeted Assertive Outreach
- Youth Prevention and Recovery Care (YPARC) Traralgon

**Infant, Child and Family: 0-11 years**  
Details and timeline TBC

*Only accessible via Mental Health and Wellbeing Locals Services, medical referral, or crisis response*

## 4 Mental Health and Wellbeing Locals

**Adult and Older Adult hub: 26+ years**

- Latrobe
- Bairnsdale
- Leongatha
- Orbost
- Sale
- Warragul

**Youth hub: 12-25 years**

- Existing network of headspace centres, funded by the Commonwealth:
- East Gippsland
  - Latrobe / Baw Baw
  - Wellington (satellite)
  - Bass Coast / South Gippsland

**Infant, Child and Family hub: 0-11 years**  
Details and timeline TBC

Head to Health hubs - Warragul and Sale (Commonwealth funded services, timeline TBC)

*'Front door' or entry point services*

## 3 Primary and secondary mental health and related services

*Includes GPs, allied health, private providers, and Alcohol and Other Drugs services and supports*

## 2 Broad range of government and community services

*Services outside the mental health system and digital supports including phone lines (Lifeline, Beyond Blue, Suicide Callback Service etc.) and local support groups*

## 1 Social supports

*Families, carers and supporters, informal supports, virtual communities, and communities of place, identity and interest*

People can move between streams at any point in time according to their needs

Severe (episodic & persistent)

Moderate

Mild & at-risk (relapse prevention & early intervention)

NOTE: This document is a working draft. All information is current as at July 2023 based on best available information. Information about timelines continues to evolve. For the latest updates about Victorian Mental Health and Wellbeing Reform, see: <https://www.health.vic.gov.au/mental-health/mental-health-wellbeing-reform>

**Legend:**

These services are not yet operational and dates are TBA