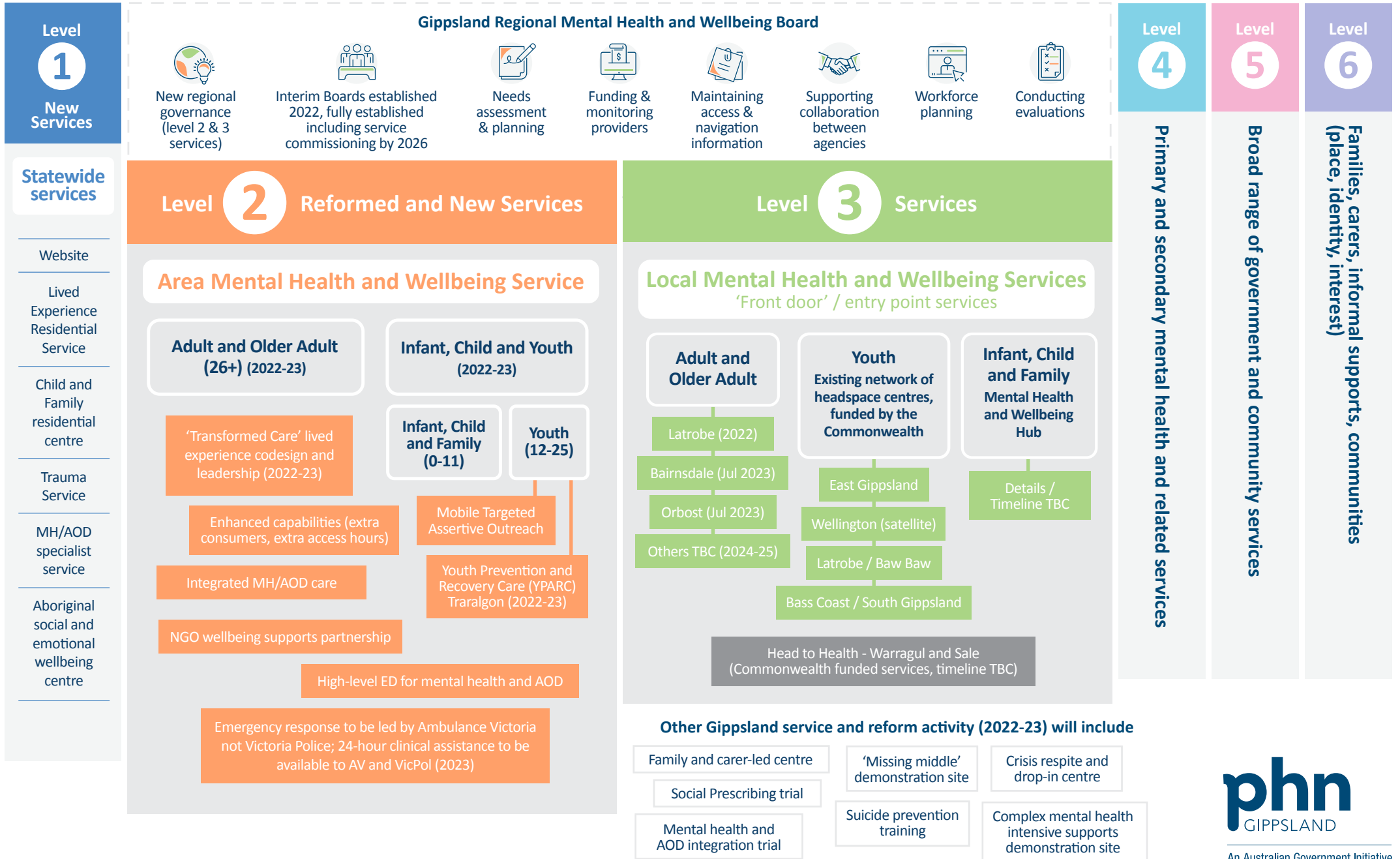


# Victorian Mental Health Reform – Gippsland Overview

NOTE: This document is a working draft. All information is current as at 7 September 2022 based on best available information. Information about timelines continues to evolve.



# Victorian Mental Health Reform – Gippsland Overview

## Some key reform principles



Local, community-based services



Lived experience leadership



Service partnerships



Service co-design



Outcomes focus



Commissioning for integration

## 6 levels of the mental health and wellbeing system

### 6 levels of services in a responsive and integrated system

**Level 1** Statewide services (trauma centre; family/child centre; Aboriginal social & emotional wellbeing centre; lived experience residential rehabilitation; drug and alcohol and mental health service).  
*Access only via Area Mental Health and Wellbeing Services.*

**Level 2** Area Mental Health and Wellbeing Services.  
*Only accessible via Local Mental Health and Wellbeing Services, medical referral or crisis response. Initial support and assessment, higher intensity / complexity support and coordination.*

**Level 3** Local Mental Health and Wellbeing Services.  
*Directly accessible but referral encouraged. Includes initial support and assessment, support and coordination.*

**Level 4** Primary and secondary mental health and related services.  
*Mostly directly accessible; some require referral. Includes GPs, allied health, private providers and AOD services and supports.*

**Level 5** Broad range of government and community services  
*Digital supports including phone lines (Lifeline, Beyond Blue, Suicide Callback Service etc), local support groups*

**Level 6** Families, carers and supporters, informal supports, virtual communities, and communities of place, identity and interest

## Consumer streams

At any point in time, a person living with mental illness or experiencing psychological distress may need the following support. People can move between streams at any point in time according to their needs.

STREAM	SUPPORTS / LEVELS	INTENSITY OF NEED
Communities and primary care stream	Support from communities and primary care services (levels 4,5,6)	Mild and at-risk (relapse prevention and early intervention)
Primary care with extra supports stream	Treatment, care and support from primary and secondary mental health and related services (and Local mental health and wellbeing services as needed) (levels 3,4,5,6)	Moderate
Short-term treatment, care and support stream	Treatment, care and support from Local Mental Health and Wellbeing Services and Area Mental Health and Wellbeing Services (levels 1,2,3,4)	Severe (episodic and persistent)
Ongoing treatment, care and support stream		
Ongoing intensive treatment, care and support stream		