Victorian Mental Health Reform – Gippsland Overview

NOTE: This document is a working draft. All information is current as at 7 September 2022 based on best available information. Information about timelines continues to evolve.

Gippsland Regional Mental Health and Wellbeing Board



Services

New regional governance (level 2 & 3 services)



Interim Boards established 2022, fully established including service commissioning by 2026



Infant, Child and Youth

(2022-23)

Youth

(12-25)

Needs assessment & planning



Funding & monitoring providers



Maintaining access & navigation information



Supporting collaboration between agencies



Workforce planning



Conducting evaluations

Infant, Child

and Family

Hub

Primary and

secondary mental health

and

related

services

Broad

range of government and community services

informal supports, communities

Families, carers, informa (place, identity, interest)

Statewide services

Website

Lived Experience Residential Service

Child and Family residential centre

> Trauma Service

MH/AOD specialist service

Aboriginal social and emotional wellbeing centre

Level

Reformed and New Services

Infant. Child

and Family

(0-11)

Area Mental Health and Wellbeing Service

Adult and Older Adult (26+) (2022-23)

'Transformed Care' lived

available to AV and VicPol (2023)

Level

Services

'Front door' / entry point services

Adult and Older Adult

Existing network of headspace centres,

(Commonwealth funded services, timeline TBC)

Local Mental Health and Wellbeing Services

Youth

Mental Health funded by the and Wellbeing Commonwealth

Head to Health - Warragul and Sale

Other Gippsland service and reform activity (2022-23) will include

Family and carer-led centre

Social Prescribing trial

Mental health and AOD integration trial

'Missing middle' demonstration site

Suicide prevention training

Crisis respite and drop-in centre

Complex mental health intensive supports demonstration site

An Australian Government Initiative

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Some key reform principles



Local, community-based services



Lived experience leadership



Service partnerships



Outcomes focus



Commissioning for integration

6 levels of the mental health and wellbeing system

6 levels of services in a responsive and integrated system

- Level 1 Statewide services (trauma centre; family/child centre; Aboriginal social & emotional wellbeing centre; lived experience residential rehabilitation; drug and alcohol and mental health service).

 Access only via Area Mental Health and Wellbeing Services.
- Level 2 Area Mental Health and Wellbeing Services.

 Only accessible via Local Mental Health and Wellbeing Services, medical referral or crisis response. Initial support and assessment, higher intensity / complexity support and coordination.
- Level 3 Local Mental Health and Wellbeing Services.

 Directly accessible but referral encouraged. Includes initial support and assessment, support and coordination.
- **Level 4** Primary and secondary mental health and related services. *Mostly directly accessible; some require referral. Includes GPs, allied health, private providers and AOD services and supports.*
- Level 5 Broad range of government and community services
 Digital supports including phone lines (Lifeline, Beyond Blue, Suicide Callback Service etc.), local support groups
- Level 6 Families, carers and supporters, informal supports, virtual communities, and communities of place, identity and interest

Consumer streams

At any point in time, a person living with mental illness or experiencing psychological distress may need the following support. People can move between streams at any point in time according to their needs.

STREAM	SUPPORTS / LEVELS	INTENSITY OF NEED
Communities and primary care stream	Support from communities and primary care services (levels 4,5,6)	Mild and at-risk (relapse prevention and early intervention)
Primary care with extra supports stream	Treatment, care and support from primary and secondary mental health and related services (and Local mental health and wellbeing services as needed) (levels 3,4,5,6)	Moderate
Short-term treatment, care and support stream	Treatment, care and support from Local Mental Health and Wellbeing Services and Area Mental Health and Wellbeing Services (levels 1,2,3,4)	Severe (episodic and persistent)
Ongoing treatment, care and support stream		
Ongoing intensive treatment, care and support stream		